YNHH offers many free and discounted commuting and parking options.

- YNHH pays a 60 percent subsidy up to $50 for the monthly cost of train or bus passes and vanpools.
- Payroll deductions for monthly bus and train tickets, vanpool fares and parking are pre-tax.
- Employees who enroll in YNHH TDM programs will retain seniority in the parking system for three months.
- TDM enrollees are guaranteed a free ride home twice a year to accommodate unforeseen incidents.
- Employees who enroll in a TDM program will receive free permits to park in the 2 Howe Street garage (up to 12 every six months).

Other advantages to alternate commuting

- Save gas and money
- Reduce mileage on your personal vehicle
- No more sitting in stressful rush hour traffic
- Avoid the I-95 and Q-Bridge construction

Contact Information:
YNHH Parking/Transit Office and The Green Bus
203-688-2623

YNHH Metropolitan Shuttle:
203-688-RIDE (7433)

Rideworks: Commuter services for New Haven and region with free customized ridematching for bus, train, carpools and vanpools:
1-800-ALL-RIDE (in CT) or 1-203-777-RIDE
www.rideworks.com

YNHH Protective Services:
203-688-2500 (after-hours service)

YNHH Parking/Transit Office:
Located on the first floor of the East Pavilion 1, behind the cafeteria.

Visit the YNHH Parking/Transit Office on the YNHH intranet:
Click on:
“Yale-New Haven”...
“Departments”...
“Administrative”...
“Parking and Transportation”
Train Service

Shore Line East:
1-800-255-7433 or 203-777-7433
www.shorelineeast.com

New London to New Haven
Shore Line East monthly ticket holders get four free guaranteed rides per year for emergency (illness, family crisis, having to work late unexpectedly)

- Metro-North, Shore Line East and Amtrak monthly ticket holders receive subsides and two free parking permits a month at the 2 Howe Street garage

Metro-North:
1-212-532-4900, www.mta.info/mnr

New York to New Haven

Amtrak:
1-800-872-7245, www.amtrak.com

Windsor Locks, Hartford to New Haven
- Free shuttle from train station to hospital
- Metro-North, Shore Line East and Amtrak monthly ticket holders receive subsidies and two free parking permits a month at the 2 Howe Street garage

Bus Service

CTTransit Bus Service

- Service available throughout the greater New Haven area with convenient YNHH stops
- Express service between Hartford and New Haven with:
  - Convenient and custom pickup locations
  - Direct drop-off near YNHH
- Subsidized monthly bus passes for all employees are available at YNHH Parking/Transit Office

Shuttle Service

- Free shuttle services for:
  - Yale-New Haven Hospital employees
  - Yale New Haven Health System employees
  - Yale University employees
- New refurbished passenger shuttles, all clearly identified with YNHH logo
- Shuttle operators all pass required drug testing, background check, and possess a valid Connecticut commercial driver’s license

Shuttle Schedule:

Dwight/Orchard/2 Howe Street Garage
7 days a week: 5 a.m.-1 a.m.

Train Station:
Weekdays (Mon-Fri): 6:15 a.m.-8 p.m.

Contact Department of Protective Services at 203-688-2500 for transportation between the hours of 1-4 a.m., weekends and holidays

Bike/Walk to Work

- Great exercise
- Secure, dry bicycle storage
- Register for two free parking permits per month at 2 Howe Street garage

Motorcycles

 Convenient parking in the Air Rights, Howard Avenue and 2 Howe Street garages – sign up in Parking/Transit office

Telecommuting

This new and exciting option is coming soon.